

UltraProbiotic™

Purpose & Rationale

This product supplies eight strains of the two most studied and used live microorganisms in adequate amounts to improve the natural balance of beneficial gut bacteria often disturbed by lifestyle and environmental factors. Proper use may help establish (re-colonize) and maintain the user’s intestinal microbial system to support the health and function of the gastrointestinal (GI) tract and subsequently other important systems of human health. Diet, natural aging and lifestyle, including intense exercise and other stresses, can upset proper bacteria harmony to a point where GI tract problems develop, triggering other negative health outcomes.^{127,128}

Probiotics are live microorganisms, which, when proper strains are administered in adequate amounts, may offer health benefits to the user by restoring the balance in favor of the good bacteria.^{127,128,129,130,131,132}

Typical Use

- All adults (unless contraindicated by an existing health condition or discouraged by a qualified medical professional) trying to establish a healthy and balanced gut microflora to achieve the associated benefits of a healthy functioning GI tract (e.g. nutrient digestion, absorption, signaling and pathogen inhibition).
- Athletes participating in prolonged high-intensity or endurance activities seeking immune support.
- Those seeking to restore the natural balance of beneficial gut bacteria that may be compromised by diet, aging, weight and lifestyle, including stress.
- Take 1 capsule daily with a meal or as directed by a health professional.

Unique Features

- The select strains have been cultivated under harsh conditions, developing the ability to adapt to extreme changes in environment (e.g. pH and temperature).
- No refrigeration required. Contains the most stable cultures on the market using a patented

polymatrix preservation system (Patent #6,653,062) to maximize stability and cell count without refrigeration.

- Each capsule starts with ~80 billion CFUs/capsule, thus assuring the desired live potency (minimum of 35 billion CFUs) reaches the intestinal targets at any time through the product’s shelf life.
- The prebiotic blend consists of FOS (food source for probiotics) and FiberAid® arabinogalactans that help support the growth of probiotics.
- Third-party tested.
- Vegan friendly.

Contraindications

This product should be avoided by people with a predisposition to pathogenic infections, such as in severe immunodeficiency and short bowel syndrome, unless under a qualified physician’s care.¹³³ Although probiotics are commonly used during pregnancy or lactation, they should only be used as recommended by the attending physician.^{134,135,136} In all cases, consult with a physician.

Supplement Facts

Serving Size: 1 Vegetarian Capsule

	Amount Per Serving	% DV
Proprietary probiotic blend (35 billion cells per cap)	186 mg	*
<i>Lactobacilli acidophilus</i> La-14		
<i>Bifidobacterium lactis</i> Bl-04		
<i>Lactobacilli salivarius</i> Ls-33		
<i>Lactobacilli plantarum</i> Lp-115		
<i>Bifidobacterium bifidum</i> Bb-02		
<i>Bifidobacterium longum</i> Bl-05		
<i>Lactobacilli rhamnosus</i> Lr-32		
<i>Lactobacilli bulgaricus</i> Lb-64		
Prebiotic blend (FOS, FiberAid® arabinogalactans)	50 mg	*

* Daily Value not established.