not to be used to imply that dotFIT products may diagnose, treat, cure or prevent any disease.



dotFIT Supplement Study Guide

The purpose of this workbook is to enhance your knowledge of dotFIT products and increase your ability to translate the purpose, benefits and unique features of each product to your current and prospective clients. Each product is covered in detail, including related research studies in the online Practitioner Dietary Supplement Reference Guide (PDSRG), 3rd edition. In addition, a Quick Reference Guide is available with a synopsis of each product that can be used to complete this workbook. Accompanying videos are contained on the product pages at www.dotFIT.com/store.

The	dot	FIT	Dif	fere	ance

List the	six rules dotFIT adopts to make evidence-based, practitioner products versus products found in the mass market
1.	
2.	
3.	
4.	
5.	
6.	

How do you compare the quality of other products to dotFIT products?

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Health Products ActiveMVTM Describe this product (what is it?)

What is the purpose of this product?

Who is this product for?

How should it be taken?

What are some unique features of this product?

Women'sMV[™]

Describe this product (what is it?)

What is the purpose of this product?

Who is this product for?

How should it be taken?

What are some unique features of this product?





Over50MVTM

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
and a second
VeganMV' [™]
VeganMV TM Describe this product (what is it?)
Describe this product (what is it?) What is the purpose of this product?
Describe this product (what is it?)
Describe this product (what is it?) What is the purpose of this product? Who is this product for?





$\mathbf{Kids}\mathbf{M}\mathbf{V}^{\mathsf{TM}}$

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
VitaminD3
VitaminD3 Describe this product (what is it?)
Describe this product (what is it?)
Describe this product (what is it?) What is the purpose of this product?
Describe this product (what is it?) What is the purpose of this product? Who is this product for?





SuperOmega-3 Fish Oils

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
SuperCalcium+ [™]
Describe this product (what is it?)
What is the purpose of this product?
What is the purpose of this product? Who is this product for?
Who is this product for?





UltraProbiotic[™]

Ollia i obiolic
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
SuperiorAntioxidant [™]
SuperiorAntioxidant TM Describe this product (what is it?)
Describe this product (what is it?)
Describe this product (what is it?) What is the purpose of this product?
Describe this product (what is it?) What is the purpose of this product? Who is this product for?





JointFlexPlusTM

John CAI 103
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
AdvancedBrainHealth [™]
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?



Weight Loss Products

WeightLoss & LiverSupport™

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
CarbRepel [™]
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?





$ThermAccel^{TM}$

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
LeanMR™ Meal Replacement Shake Mix
LeanMR TM Meal Replacement Shake Mix Describe this product (what is it?)
Describe this product (what is it?)
Describe this product (what is it?) What is the purpose of this product?
Describe this product (what is it?) What is the purpose of this product? Who is this product for?





RestPlantProteinTM

BestPlantProtein***
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?



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Muscle Gain & Performance Products

AminoFormula Describe this product (what is it?) What is the purpose of this product? Who is this product for? How should it be taken? What are some unique features of this product? CreatineMonohydrate Describe this product (what is it?) What is the purpose of this product? Who is this product for? How should it be taken?

What are some unique features of this product?





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ExtremeCreatineXXXLTM Describe this product (what is it?) What is the purpose of this product? Who is this product for? How should it be taken? What are some unique features of this product? **WorkoutExtreme**[™] Describe this product (what is it?) What is the purpose of this product? Who is this product for? How should it be taken? What are some unique features of this product?





NO7Rage^{3TM}

1107 hage
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
MuscleDefender™
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?





Recover&Build™

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
FirstString [™]
FirstString TM Describe this product (what is it?)
Describe this product (what is it?)
Describe this product (what is it?) What is the purpose of this product?





Pre/PostWorkout Shake

Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?
WheySmooth™
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?





All Natural WheySmooth [™]
Describe this product (what is it?)
What is the purpose of this product?
Who is this product for?
How should it be taken?
What are some unique features of this product?





Notes

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